

# Overcoming Barriers to Food Security for Diverse Populations



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# Agenda

**Goal: To facilitate a discussion on the barriers to accessing social services for people who experience food insecurity and commit to overcoming these**

I. Ground rules

II. Role play: Accessing social services

III. Discussion: Overcoming barriers for diverse populations

IV. Commitment to action



# Groundrules

- One mic, one conversation
- We can't be articulate all of the time
- What's said here, stays here. What's learned here, leaves here
- Move up your listening. Move up your speaking
- Embrace curiosity, ask questions
- Expect and accept lack of closure



# Role Play: Accessing Social Services

1. Split into three groups: Urban, rural, and urban/rural
2. Open your packets and read your identity and the other information in your packet (5 minutes)
3. As a group, you will take on this identity and try to access social services (15 minutes)



# Small Group Brainstorming

*What are some of the barriers you faced in trying to access services?*

*What are barriers people face accessing services at YOUR agency?*

*How can we, as social service agencies, help people overcome these barriers?*



# Large Group Brainstorming

- *How many of you have ever tried to access any of these services yourselves in the same way the population we serve is accessing them? What was your experience?*
- *How do we overcome these?*
- *What partnerships could address some of these?*
- *How do we help people navigate this system in the meantime while we wait to change policies?*
- *How do we be better agencies?*
- *What policies are currently going through legislation?*



# What will YOU do?

- *What will YOU do, in your work, to improve services for the diverse populations you serve?*



# Questions?

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